

Jaclyn Inel Hadfield, Ph.D.

Louisiana State University
School of Kinesiology
Baton Rouge, Louisiana
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EDUCATION

Indiana University - Bloomington Department of Applied Health Science PhD. in Health Behavior	Bloomington, Indiana 2020
Indiana University - Bloomington Department of Kinesiology M.S. in Physical Activity, Fitness, and Wellness	Bloomington, Indiana 2016
Southern Illinois University College of Business and Analytics B.S. in Hospitality and Tourism Administration	Carbondale, Illinois 2014

RESEARCH

Research Appointments

Louisiana State University – School of Kinesiology Assistant Professor	Baton Rouge, Louisiana August 2023 – Present
Universita di Bologna – Department of Life Quality Studies Visiting Professor	Rimini, Italy Summer 2024
Indiana University School of Public Health – Applied Health Science Postdoctoral Research Fellow	Bloomington, Indiana August 2020 – July 2023
Indiana University Center for Rural Engagement Research Coordinator	Bloomington, Indiana July 2019 – July 2020
Healthy IU Program Coordinator/Evaluator	Bloomington, Indiana January 2016- May 2018

Research Publications

Haus, K., **Hadfield, J.I.**, Dennis, B., LaRoche, K., Jozkowski, K. (2024). Doorways of Understanding: An Emergent Metaphor Analysis. *Forum: Qualitative Social Research*. 25(1).

Hadfield, J. I., Laroche, K. J., Lo, W. J., Turner, R. C., Crawford, B. L., & Jozkowski, K. N. (2023). Examining differences in attitudes toward legal abortion in cases of endangered mental health for pregnant women: Insights from a US national survey. *The Social Science Journal*, 1-11.

Hadfield, J. I., Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (2023). The message
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matters: Advertisement framing and college women's beliefs toward exercise. *Journal of American College Health*, 1-12.

Hadfield, J. I., Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (2022). Framing well: how advertisement framing impacts young adult female intention to engage in exercise behaviors. *International Journal of Community Well-Being*, 1-18.

Hadfield, J., Kennedy-Armbruster, C., Huber, L., & Middlestadt, S. (2020). Physical Activity in the Workplace—Making the Healthy Choice the Easy Choice. *Building Healthy Academic Communities Journal*, 4(2), 41-56.

Hulteen, R., Allaway, H., & **Hadfield J.I.**, Feasibility of the Women Exercising, Active, and Learning Together for Health Intervention (WEALTH) single-arm trial. (under review).

Hadfield J.I., Hulteen, R., Allaway, H., & Pearsons, J., Lived Experiences and Informed Behavior Change Among Premenopausal Women in the Women Exercising: Active and Learning Together for Health (WEALTH) Trial: A Qualitative Inquiry. (under review).

Hadfield, J.I., Dennis, B., Bueno, X., & Jozkowski, K. Compassion as Complexity in Abortion Attitudes. (under review).

Hadfield, J.I., Dennis, B., Haus, K., LaRoche, K., & Jozkowski, K., Emergent Thinking: Consciousness-raising in Qualitative Interviews on Abortion. (under review).

Hadfield, J.I., Nunez, A., & Dennis, B., The Perceived Reasons and Justifications for US Abortion Attitudes. (under review).

Hadfield, J.I., Toselli, S., & Leonardi, C., Adult women's relationship with physical activity engagement and "fit" ideal body image beliefs: a cross-cultural comparison. (in progress).

Hadfield, J.I., Major, L., An exploration into how young adult women's social media use influences held perceptions of physical and mental health. (in progress).

Hadfield, J.I., Turner, R., Valdez, D., Lo, W., Crawford, B., & Jozkowski, K. Exploring how reproductive health experiences and socio-demographics effect US Latinx beliefs regarding abortion in the context of maternal mental health endangerment: Insights from a national abortion survey. (in progress).

Hadfield, J.I., Bueno, X., Ezike, N. Lo, W. Turner, R., Jozkowski, K., & Crawford, B. Exploring the Role of Political Engagement and Abortion Law Knowledge with Support for Abortion Access: A Focus on Racial/Ethnic Disparities. (in progress).

Jozkowski, K., **Hadfield, J.I.**, & Crawford, B. Exploring US Latinx Abortion Attitude Complexities: An Analysis of General Social Survey data 2006-2018. (in progress).

Books

Hadfield, J.I., Women on the Move: A Reframing of Women's Exercise Culture in the US. (under review).

International Conferences Proceedings

Hadfield, J.I., Toselli, S., Leonardi, C., *Adult women's relationship with physical activity engagement and "fit" ideal body*

image beliefs: a cross-cultural comparison. European College of Sport Sciences Annual Congress. Rimini, Italy. (under review).

Hadfield, J.I., (October, 2024). Women's Physical Activity Behaviors Across the Lifespan. The Global Observatory for Gender & Equality in Sport. Gender Equality and Sport + Conference 2024: From Research to Action. Lausanne, Switzerland.

U.S. National Conferences Proceedings

Hulteen, R., Allaway, H., **Hadfield J.I.**, (2025). *Feasibility of the Women Exercising, Active, and Learning Together for Health Intervention (WEALTH) single-arm trial*. Society of Behavioral Medicine. San Francisco, California.

Hadfield, J.I., Hulteen, R., Allaway, H., (2025). *Lived Experiences and Informed Behavior Change Among Premenopausal Women in the Women Exercising: Active and Learning Together for Health (WEALTH) Trial*. San Francisco, California.

Hadfield, J.I., Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (November, 2023). *The message matters: Advertisement framing and college women's beliefs towards exercise*. American Public Health Association. Annual Conference. Atlanta, Georgia.

Hadfield, J.I., Dennis, B., Haus, K., LaRoche, K., Jozkowski, K. (November, 2023). *Emergent thinking in attitude flexibility: Introspection in qualitative interviews on abortion*. American Public Health Association. Annual Conference. Atlanta, Georgia.

Buyuker, B., Jozkowski, K., Crawford, B., Bueno, X., **Hadfield, J.I.**, Turner, R., Lo, W., (November, 2023). *Abortion attitudes among Latinx in the US: Findings from the general social survey*. American Public Health Association. Annual Conference. Atlanta, Georgia.

Hadfield, J., Guerra-Reyes L., Huber L., Major L., Kennedy-Armbruster C. (November, 2022). *Framing Well: How Advertisement Framing Impacts College Women's Intention to Engage in Exercise*. American Public Health Association Annual Conference. Boston, Massachusetts.

Hadfield, J., Bueno, X., Ezike, N. Lo, W. Turner, R., Jozkowski, K., Crawford, B. (November, 2022). *Exploring the Role of Political Engagement and Abortion Law Knowledge with Support for Abortion Access: A Focus on Racial-Ethnic Disparities*. American Public Health Association Annual Conference. Boston, Massachusetts.

Jozkowski, K., Crawford, B., Buyuker, B., Bueno, X., Mena-Melendez, L., **Hadfield, J.**, LaRoche, K., Turner, R., Lo, W. (November, 2022). *Peoples' Awareness and Knowledge of and Sentiments toward Texas' and Mississippi's Abortion Laws: Results from a Nationally Representative Study*. American Public Health Association Annual Conference. Boston, Massachusetts.

Bueno, X., Buyuker, B., Mena-Melendez, L., **Hadfield, J.**, LaRoche, K., Jozkowski, J., Crawford, B., Turner, R., Lo, W. (November, 2022). *Knowledge and Attitudes toward State-level Abortion Laws: The Cases of Texas and Mississippi*. American Public Health Association Annual Conference. Boston, Massachusetts.

Crawford, B., Bueno, X., Buyuker, B., **Hadfield, J.**, Turner, R., Lo, W., (November, 2022). *Does political party affiliation and identification with pro-life and pro-choice labels moderate the relationship between abortion and reproductive health-knowledge and abortion attitudes?* American Public Health Association Annual Conference. Boston, Massachusetts.

Mena-Meléndez, L., Bueno, X., Buyuker, B., **Hadfield, J.**, LaRoche, K., Jozkowski, K., Crawford, B., Turner, Hadfield – CV

R., Lo, W. (November, 2022). *Does the Supreme Court decision in Dobbs v. Jackson Women's Health Organization influence people's knowledge and sentiment about abortion?* American Public Health Association Annual Conference. Boston, Massachusetts.

Hadfield, J., Bueno, X., Ezike, N. Lo, W. Turner, R., Jozkowski, K., Crawford, B. (May, 2022). *Exploring the Role of Political Engagement and Abortion Law Knowledge with Support for Abortion Access: A Focus on Racial/Ethnic Disparities.* American Association for Public Opinion Research. Chicago, Illinois.

Hadfield, J., Turner, R., Valdez, D., Lo, W., Crawford, B. Jozkowski, K. (October, 2021). *Exploring how reproductive health experiences and socio-demographics effect US Latinx beliefs regarding abortion in the context of maternal mental health endangerment.* American Public Health Association Annual Conference. Virtual format.

Hadfield, J., La Roche, K., Turner, R., Lo, W., Crawford, B. Jozkowski, K. (October, 2021). *Examining racial and ethnic differences for attitudes towards legal abortion in cases of endangered mental health for the pregnant woman.* American Public Health Association Annual Conference. Virtual format.

Hadfield, J. (October, 2020). *Moving Towards Physical Activity Equality: How Advertisement Framing Impacts Young Adult Female Beliefs and Intention to Engage in Movement Behaviors.* National Conference on Health Communication, Marketing, and Media. Virtual format.

Hadfield, J. (April, 2018). *Case Study Examination of a Worksite Group-based Physical Activity Program and its Impact on Physical Activity Engagement in the Workplace.* American College of Sports Medicine Health and Fitness Summit. Washington, D.C.

Kennedy-Armbruster, C., **Hadfield, J.**, Deinhart, M. (April, 2018). *Ready to Move: A Unique University Worksite Wellness Initiative.* American College of Sports Medicine Health and Fitness Summit. Washington, D.C.

Local and Regional Presentations

Hadfield, J. (October, 2023). *Women's Exercise Engagement: Exploring Social and Cultural Structures.* Louisiana Association for Health, Physical Education, Recreation, and Dance Convention. Baton Rouge, Louisiana.

Hadfield, J. (September, 2023). *Stress and Exercise in Education.* Louisiana Council for Exceptional Children Educators Retreat. Lafayette, Louisiana.

Hadfield, J. (April, 2018). *Examination of a Worksite Group-based Physical Activity Program and its Impact on Physical Activity Engagement in the Workplace.* Indiana University School of Public Health Research Day. Bloomington, Indiana.

Hadfield, J. (February, 2016). *The History and Evolution of Group Exercise.* University Recreational Sports Midwestern Fitness Conference. West Lafayette, Indiana.

National Organizations: Invited Presenter

Hadfield, J., (2020). *Workplace Physical Activity Made Easy.* National Wellness Institute. Virtual format.

Campus Talks

Hadfield, J., (2022). *Health behavior theory and qualitative research: A Reasoned Action Approach focus.* Indiana University School of Public Health.

Hadfield, J., (2020). *Framing theory in health communication*. Indiana University Media School.

Hadfield, J., (2020). *Linking health behavior theoretical approaches to qualitative research designs*. Indiana University School of Public Health.

Ongoing Research Projects

Examining The Relationship Between Social Media, Beauty, Fitness, and Health Among Young Women in the US

This study examines how young adult women's social media use influences their perceptions and behaviors specific to physical and mental health and how this relationship influences exercise behaviors. A study (n=86) was conducted, and the quantitative results were submitted for peer-review publication. Qualitative data is being analyzed for dissemination.

An exploration into adult women's relationship with physical activity engagement and "fit" ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison

The objective of this multi-phase mixed-methods study is to cross-culturally explore Italian and US adult women's relationships with exercise engagement and fit ideal body image beliefs, mediated by sociocultural factors in tandem with the lived experiences that impact this relationship. I lead investigator with established collaborators at Pennington Biomedical Research Center and Universita di Bologna. Outcomes will be supplemental funding streams, publications, and conference presentations.

A comparison of exercise beliefs and experiences among prenatal and postpartum Latina, Black, and non-Latina white women in the US

This study examines and compares Latina, Black, and non-Latina white women's beliefs and experiences toward pre and postpartum exercise. This mixed-methods study has been conceptualized, and funding mechanisms have been sought. Deliverables will be scaled-up funding awards, publications, and conference presentations. I am the lead investigator.

Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial

I am co-I for this exercise intervention trial. I am leading the qualitative inquiry and intervention instruction. The aim is to increase the intervention with additional funding awards and disseminate papers based on this trial.

FUNDING

Toselli, S., **Hadfield, J.I.** (Co-I), "Transcultural research collaboration to identify sociocultural factors associated with the health and physical activity of Italian and American adult women." Universita di Bologna Incentive for International Collaboration. Total: 10,000 euros. (submitted 2025 – under review).

Hadfield, J.I. (PI), "An exploration into women's relationship with exercise, body image beliefs, and sociocultural factors: a US/Italy cross-cultural comparison study." LSU School of Kinesiology Director's Research Award. Total: \$10,000. (2025).

Hulteen, R., **Hadfield, J.I.** (Co-I), Allaway, H., & Wierts, C., "Efficacy of a Group-Based Dance Intervention to Reduce Stress and Improve Mental Health Outcomes in Midlife Women." R21 NIH-NIA. Total: \$412,500. (submitted 2025 - under review).

Hadfield, J.I. (PI), "Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Black, and non-Latina white women in the US." The Board of Regents Support Fund: Research Competitiveness Subprogram. Total: \$182,713. (submitted 2024 - under review).

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Hadfield, J.I. (PI), Toselli, S., & Choate, L., “An exploration into women’s relationship with exercise, body image beliefs, and sociocultural factors: a US/Italy cross-cultural comparison study.” LSU 2025 Big Ideas in STEM and Social & Behavioral Sciences - Provost's Fund for Innovation in Research Phase 2. Total: \$92,940. (submitted 2024).

Hadfield, J.I. (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum among Latina, Black, and non-Latina white women in the US.” LSU CHSE Faculty Research Award. Total: \$7,800. (submitted 2024).

Hadfield, J.I. (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum among Latina, Black, and non-Latina white women in the US.” NIH Loan Repayment Program. (submitted 2024 - under review).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial.” LSU CHSE Faculty Research Grant. Total: \$7,160. (2024).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Implementation and initial efficacy of a service-learning course to enhance group fitness instruction.” NIRSA Foundation. Total: \$14,025. (submitted 2024)

Hadfield, J.I. (PI), Allaway, H., Thrasher, S., Stewart, T., Leonardi, C., & Hulteen, R., “Exercise Beliefs and Experiences that Influence Intention to Exercise during Prenatal and Postpartum Periods among Latina, Black and Non-Latina White Women in the US.” LSU & Our Lady of the Lake Health – Collaboration in Action. Total: \$233,278. (submitted 2024).

Allaway, H., **Hadfield, J.I.** (Co-I), & Thrasher, S., A racial-ethnic exploration into women’s sexual and reproductive health knowledge: A sociocultural comparison mixed-methods study. LSU & Our Lady of the Lake Health – Collaboration in Action. Total: \$241,000. (submitted 2024).

Hadfield, J.I. (PI), “An exploration into adult women’s relationship with exercise and fit ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU CHSE Dean's Internationalization Grant Program. Total: \$5,312. (2024).

Hadfield, J.I. (PI), Stewart, T., & Leonardi, C. “Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Black, and non-Latina white women in the US.” LSU Provost Fund Big Idea Research Grant Phase 2. Total: \$74,935. (submitted 2023).

Allaway, H., **Hadfield, J.I.** (Co-I), & Thrasher, D., A racial-ethnic exploration into women’s sexual and reproductive health knowledge: A sociocultural comparison mixed-methods study.” LSU Provost Fund Big Idea Research Grant Phase 2. Total: \$75,000. (submitted 2023).

Hadfield, J.I. (PI), “An exploration into adult women’s relationship with exercise and fit ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU Provost's Fund for Innovation in Research - Scholarly & Creative Activity for the Arts, Humanities, Social & Behavioral Sciences. Total: \$7,000. (2023)

Hadfield, J.I., (PI) “A racial-ethnic comparison of women's beliefs toward pre and postpartum exercise.” LSU College of Human Science and Education Research Grant. Total: \$8,000. (submitted 2023).

Hadfield, J.I. LSU Provost Travel Award. Total: \$1,000. (2023).

Hadfield, J.I. LSU College of Human Science and Education Travel Award. Total: \$1,500. (2023).

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Hadfield, J.I. (PI), Stewart, T., “An exploration into adult women’s relationship with physical activity engagement and “fit” ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU School of Kinesiology Scholarship First Grant. Total: \$4,000. (2023).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial.” LSU Provost's Fund for Innovation in Research - Scholarly & Creative Activity for the Arts, Humanities, Social & Behavioral Sciences. Total: \$7,500. (2023).

Hadfield, J.I. (PI), Guerra-Reyes, L., Dennis, B., & Jozkowski, K., “Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Non-Latin Black, and non-Latina white women in the US.” K99/R00 National Institute of Health. Total: \$441,434 (Indirect: \$35,314). (scored - submitted May 2022)

Hadfield, J.I. “Assessing sociocultural factors influencing Italian exercise culture and behaviors.” Indiana University Graduate International Fellowship. Total: \$9,000. (2018).

Hadfield, J.I., Applied Health Science Graduate Appointee Fellowship. Total: \$4,000. (2018).

Kennedy-Armbruster, C., Middlestadt, S.E., Hollingsworth, P., & **Hadfield, J.I.** (Co-I). “Impact of a group movement physical activity community engagement program on health behavior outcomes of university employees within a workplace wellness initiative.” Total: \$5,000. (2017).

TEACHING

Academic Appointments

Louisiana State University – School of Kinesiology Assistant Professor	Baton Rouge, Louisiana Fall 2023 – Present
Universita di Bologna – Department of Life Quality Studies Visiting Professor	Rimini, Italy Summer 2024
Indiana University School of Public Health – Applied Health Science Adjunct Faculty	Bloomington, Indiana Fall 2020 – May 2023
Indiana University School of Public Health – Applied Health Science Associate Instructor	Bloomington, Indiana October 2016 – May 2020
Indiana University School of Public Health - Kinesiology Assistant Instructor	Bloomington, Indiana August 2015 - December 2019
Indiana University School of Public Health – Applied Health Science Graduate Assistant Instructor	Bloomington, Indiana Fall 2018
Indiana University School of Public Health – Applied Health Science Teaching Assistant	Bloomington, Indiana January 2015 – May 2015

Courses Taught

Note: Approximate enrollment numbers listed

Louisiana State University – School of Kinesiology

KIN 4520 – Psychosocial Aspects of Physical Activity
Spring 2025, 2 sections 30 undergraduate students per section
Fall 2024, 2 sections 45 undergraduate students per section
Summer 2024, 30 online undergraduate students
Spring 2024, 45 undergraduate students
Fall 2023, 45 undergraduate students

KIN 4606 – Introduction to Health Promotion
Summer 2024, 30 online undergraduate students

KIN 7574 – Qualitative Research in Kinesiology
Fall 2024, 40 online graduate students
Spring 2024, 40 online graduate students
Fall 2023, 45 online graduate students

Indiana University – Bloomington, Department of Applied Health Science

H236 – Personal Health
Fall 2022, 110 online undergraduate students

H305 – Women’s Health
Spring 2022, 125 online undergraduate students

H180 – Stress Prevention & Management
Spring 2023, 150 online undergraduate students
Spring 2022, 160 online undergraduate students
Spring 2021, 150 online undergraduate students
Fall 2020, 100 online undergraduate students
Spring 2020, 150 online undergraduate students
Fall 2019, 150 online undergraduate students
Summer 2019, 60 online undergraduate students
Spring 2019, 60 undergraduate students
Fall 2018, 10 undergraduate students
Summer 2018, 5 undergraduate students
Spring 2018, 55 undergraduate students
Fall 2018, 60 undergraduate students
Spring 2017, 85 undergraduate students
Fall 2017, 45 undergraduate students

H306 – Men’s Health
Fall 2016 – 40 undergraduate students

Indiana University – Bloomington, Department of Kinesiology

I109 – Group Exercise
Spring 2019, 30 undergraduate students
Spring 2018, 60 undergraduate students
Fall 2017, 15 undergraduate students
Fall 2017, 10 undergraduate students

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K217 – Behavioral Aspects of Group Exercise Instruction
Fall 2015, 30 undergraduate students
Spring 2016, 30 undergraduate students
Fall 2016, 30 undergraduate students
Spring 2017, 30 undergraduate students
Fall 2017, 30 undergraduate students

Graduate Student Committees

Jenna Pearsons, Doctoral Candidate - Kinesiology In Progress
Committee Member

CURRICULUM DESIGN

Louisiana State University College of Human Science & Education **Baton Rouge, Louisiana**
3+2 Accelerate Pathway M.P.H. program design consultant Spring 2025

Indiana University School of Public Health **Bloomington, Indiana**
C.E.P.H. Accreditation Graduate and Undergraduate Online Course Design Consultant Spring 2019

SERVICE

Department and University Service

LSU Assistant Professor in Public Health/Kinesiology Search Committee **Baton Rouge, Louisiana**
Committee Member Spring 2025

Louisiana State University Wellness Director Search Committee **Baton Rouge, Louisiana**
Committee Member Fall 2023 – Spring 2024

Indiana University Postdoctoral Association **Bloomington, Indiana**
Member Spring 2021- May 2023

Indiana University Postdoctoral Association **Bloomington, Indiana**
Member Spring 2021- May 2023

Indiana University School of Public Health – Kinesiology Department **Bloomington, Indiana**
Course Design and Textbook Consultant Summer 2017

Indiana University School of Public Health – Kinesiology Department **Bloomington, Indiana**
Worksite Wellness Service-Learning Program Coordinator March 2017- May 2017

Service to Profession

Journal of Motor Behavior 2024 - Present
Reviewer

Psychology of Popular Media 2024 - Present
Reviewer

Research Quarterly for Exercise and Sport Reviewer	2024 - Present
The American Journal of Obstetrics & Gynecology Maternal Fetal Medicine Reviewer	2022 - Present
The Journal of Racial and Ethnic Health Disparities Reviewer	2022 – Present
Translational Journal of the American College of Sports Medicine Reviewer	Spring 2017
National Aerobics and Trainers Association Subject Matter Expert	April 2017- August 2017
<u>Community Service</u>	
Echo Dance Company Founder & Director	Bloomington, Indiana 2015 – Present
North Coast National Girls & Women in Sport Symposium Invited Guest Speaker	Crescent City, California Spring 2025
Be Golden Women’s Empowerment Conference Speaker	Bloomington, Indiana October 2018 & 2019
Get On Board Active Learning (G.O.A.L.) Elementary School Active Living Instructor	Bloomington, Indiana 2014 – 2015
Spark Weekend Movement Specialist and Dance Liaison	Bloomington, Indiana 2019

PROFESSIONAL AFFILIATIONS

Society of Behavioral Medicine Attendee/Member	2024 – Present
American Public Health Association Attendee/Member	2020 – Present
American Association for Public Opinion Research Attendee/Member	2021 - 2022
Society for Family Planning Attendee/Member	2021
American College of Sports Medicine Member	2017- 2019

PROFESSIONAL DEVELOPMENT

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LSU Office of Research and Economic Development Summer Grant Writing Institute 2024
Attendee

LSU Online & Continuing Education's 2024 Spring Innovation Series 2024
Attendee

Indiana University Scholarship of Teaching and Learning Workshop: 2019
Bandwidth Recovery: Helping Students Reclaim Cognitive Resources Lost to Poverty, Racism, and Other "Differentisms"
Attendee

HEALTH AND WELLNESS INDUSTRY EXPERIENCE

Ethos Cycling, LLC. Bloomington, Indiana
Operations Manager November 2017 – May 2018

Indiana University Bloomington Campus Recreational Sports Bloomington, Indiana
Graduate Assistant of Fitness/Wellness July 2014 - May 2016

Healthy IU – Indiana University Bloomington, Indiana
Health Behavior Coach August 2014 - May 2015

Strong Survivors – Southern Illinois University Carbondale, Illinois
Cancer Exercise Specialist July 2013 - June 2014

Southern Illinois University - Carbondale Student Recreation Center Carbondale, Illinois
Fitness/Instructional Programs Assistant and Instructor July 2012 - May 2014

Southern Illinois University - Carbondale Athletics Carbondale, Illinois
Strength and Conditioning Internship June 2013 - August 2013

INTERNATIONAL EXPERIENCE

Universita di Bologna – Department of Life Quality Studies Rimini, Italy
Visiting Professor Summer 2024, Summer 2025

Universita di Bologna Bologna, Italy
Visiting Doctoral Student November 2018 – January 2019

Romeing Magazine Rome, Italy
Writer Spring 2011

LANGUAGE SKILLS

Spanish
Excellent with reading, speaking, and writing

Italian
Excellent with reading, speaking, and writing

CAREER PAUSES

Medical Health Issues	2018
Family Formation – Childbirth and Postpartum Healing	2021
Sick Leave	2022